

Event is open to Laguna Woods Village residents and their guests only



Alzheimer's OC Club, Laguna Woods Village

Healthy Aging: Brain Health as You Age and What You Should Know

Join us for a special conversation with Dr. Trinh who will discuss the difference between normal age related memory loss and dementia, possible risks and threats to brain health, and what you can do to protect your brain from cognitive decline.

Presented by:

Dr. Dung Trinh M.D.

Chief Medical Officer at Irvine Clinical Research and
Board Member at Alzheimer's Orange County

Monday, April 8, 2019

10:00 a.m. – 12:00 p.m.

Alzheimer's OC Club

Meeting and Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2
Laguna Woods, CA 92637

No cost to attend.

RSVP preferred, but not required:

949-757-3710

Refreshments Provided by:



Dr. Dung Trinh M.D.



The Alzheimer's OC Club's mission is to increase awareness and understanding about Alzheimer's disease and related dementias, offer help to people affected, their caregivers and loved ones, and provide support to sustain and extend the programs of Alzheimer's Orange County.

For more info contact Club President, Sunshine Lutey, Phone: 949-278-6454; Email: SunshineLutey@gmail.com