

The Fit Brain Club of Laguna Woods Village Presents:  
*Memory Tricks and Teasers*

**Monday, February 8 | 10-11 am**

Join this fun, interactive 1-hour presentation to exercise your mind with brain teasers, and learn new memory enhancement techniques!

Presented by: Araksi Kirakosyan  
*Memory Programs Coordinator, Alzheimer's OC*

**To Register: <https://bit.ly/fbcFeb21>**

**For more information, contact:**  
**SunshineLutey@gmail.com or 949-278-6454**



**Fit Brain Club**



The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit <https://www.fitbrain.us/> for more information.