

The Fit Brain Club of Laguna Woods Village Presents:

## Are you Good to Go?

### *A Conversation on Advance Care Planning*

**Monday, April 12 | 10-11 am**

Join Patty Mouton as she discusses the importance of Advance Care Planning and the information everyone should know about making our wishes known during this unprecedented time.

Presented by: Patty Mouton, MSGC

*VP of Outreach & Advocacy, Alzheimer's Orange County  
Program Director, Advance Care Planning, Hoag Palliative Care*

**To Register: <http://bit.ly/fbcApr12>**

**For more information, contact:**

**SunshineLutey@gmail.com or 949-278-6454**



**Fit Brain Club**



The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit <https://www.fitbrain.us/> for more information.