

# Alzheimer's | ORANGE COUNTY

The Fit Brain Club of Laguna Woods Village Presents:

## *Planning for the Unplanned: Lessons Learned from COVID-19*

**Monday, November 8 | 10-11 am**

Join us for a timely discussion about Advance Care Planning, including how to have important conversations with loved ones to ensure they know your wishes in the event of serious or terminal illness.

Presented by: Patty Mouton, MSGC  
*VP of Outreach & Advocacy, Alzheimer's Orange County*

24232 Calle Aragon  
Laguna Woods, CA 92637  
**Clubhouse 1, Art Room**  
(Enter Gate 1 from El Toro)

Light refreshments provided by:  
**Adapt2It Home Medical Supply**

**For more information, contact:**  
**SunshineLutey@gmail.com or 949-278-6454**



**Fit Brain Club**



The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit <https://www.fitbrain.us/> for more information.

