

# The Fit Brain Club of Laguna Woods Village

## *Interested in Healthy Aging?*

Join us for our monthly meetings as various guest speakers present on topics related to brain health, memory, planning for the future, and more!

**The Fit Brain Club meets every 2nd Monday at 10 am.**



### **Jun 13 | Anatomy of a Scam**

*Kelli Morris & Karen Rossi*

*Senior Protection Program | Council on Aging*

While scams may vary, the anatomy is the same. Join us to discuss common elements and red flags of scams and the growing issue of cybercrime in a COVID world.

**24232 Calle Aragon  
Laguna Woods, CA 92637**

**Clubhouse 1, Art Room**  
(Enter Gate 1 from El Toro)

Light refreshments provided by:  
**Adapt2It Home Medical Supply**



**Alzheimer's**  
ORANGE COUNTY

**Helpline 844-373-4400**

**For more information, contact:  
SunshineLutey@gmail.com or 949-278-6454**

The Fit Brain Club of Laguna Woods Village, with the help of Alzheimer's Orange County, brings information to others about Alzheimer's and about keeping the mind and body healthy.

Visit <https://www.fitbrain.us/> for more information.

*For Laguna Woods Village Residents and their guests.*