

March 11, 2011

Club Meeting and Information Session

Clubhouse 3, Dining Room 2, Laguna Woods

alzheimer's  association®

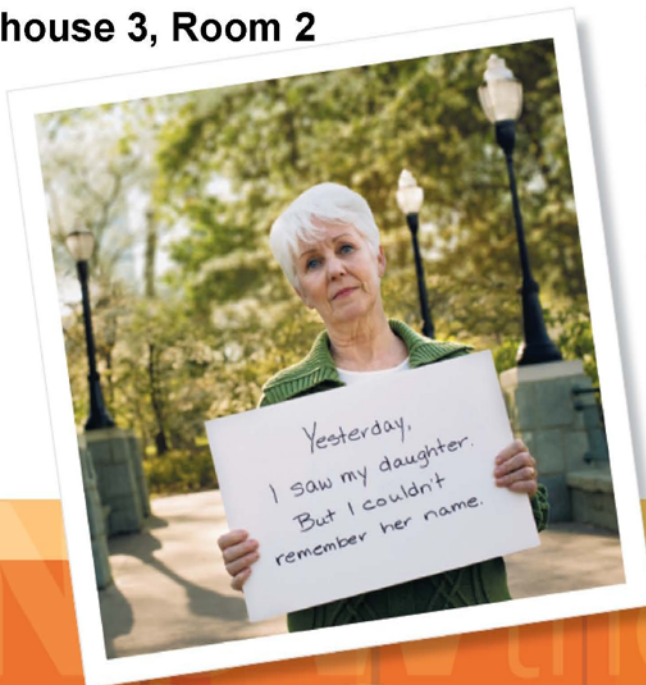
Join us the 2nd Friday of every month
for coffee & conversation about
Alzheimer's and related issues.

Alzheimer's Association Club Laguna Woods Village

Breaking through the Taboos: *Special Topics in Dementia Care* a special 3-part series

10am - noon

Clubhouse 3, Room 2



March 11 – Communication: with loved ones, other family members and with health care professionals.

April 8 – Safety: at home, in the car and in the community.

May 13 – Care Concerns: when is it time to think and talk about placement, what are the options and who pays?

Speaker: **Patty Barnett Mouton**,
VP of Outreach & Advocacy
Alzheimer's Association

24/7 Helpline
1.800.272.3900
www.alz.org/oc

The mission of the Alzheimer's Association, Laguna Woods Club is to increase awareness and understanding about Alzheimer's disease and related dementias, offer help for people affected, their caregivers and loved ones, and provide support to sustain and extend the programs of the Alzheimer's Association.

**There is no charge.
All are welcome.**

March 11, 2011

Speaker:

Patty Mouton; VP of Outreach & Advocacy;
Alzheimer's Association Orange County Chapter

Subject: Part 1

Breaking through the Taboos: Topics in Dementia Care

Communication: with loved ones, other family members, with health care professionals

April 8, 2011

Speaker:

Patty Mouton; VP of Outreach & Advocacy;

Alzheimer's Association Orange County Chapter

Subject: Part 2

Breaking through the Taboos: Topics in Dementia Care

Safety: at home, in the car and in the community

May 13, 2011

Speaker:

Patty Mouton; VP of Outreach & Advocacy;

Alzheimer's Association Orange County Chapter

Subject: Part 3

Breaking through the Taboos: Topics in Dementia Care

Care Concerns: when is it time to think & talk about placements, what are the options; who pays?

June 10, 2011

Save the date for a special presentation by an Elder Law Attorney

Alzheimer's Association

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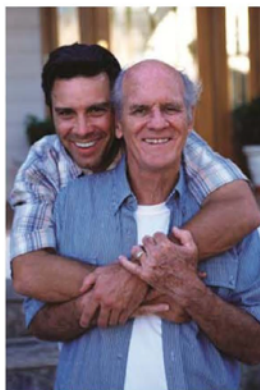
Club Meeting & Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

Alzheimer's Association Club Laguna Woods Village

Join us the 2nd Friday of
every month for coffee &
timely conversation about
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**Save the date for a
special presentation by an
Elder Law Attorney:
June 10, 2011
10am - noon
Clubhouse 3, Room 2**



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Once a person is diagnosed with dementia, family and friends should help the person make legal plans. The sooner plans can begin, the more the person with dementia may be able to participate.

Legal planning includes:

- Making plans for health care and long-term care coverage
- Making plans for finances and property
- Naming another person to make decisions on behalf of the person with dementia

Elder Law Attorneys handle general estate planning issues and counsel clients about planning for the future with alternative decision-making documents. The attorney can also assist the client in planning for possible long-term care needs, including nursing home care. Not all attorneys specialize in elder law. The Alzheimer's Association can refer you to elder law attorneys in our area.

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July 8, 2011

Save the date for a special presentation by Harish Kavirajan, MD.

Club Meeting and Information Session

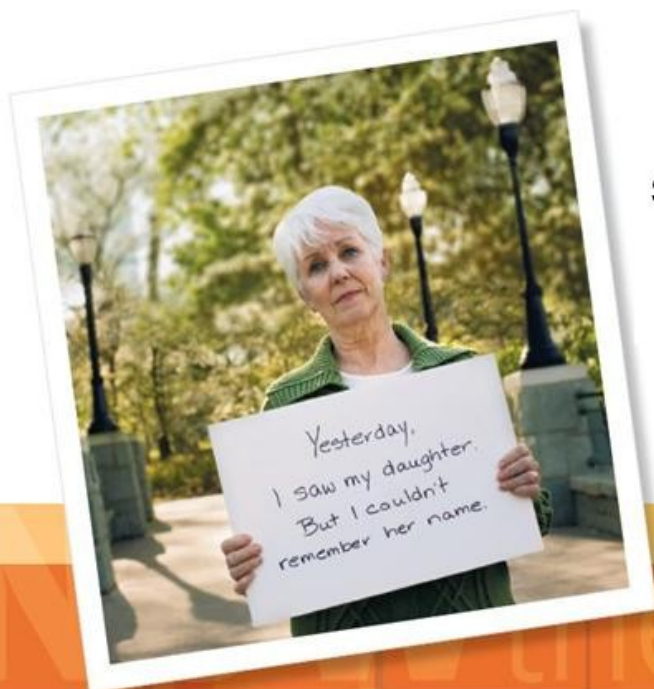
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When to Call Which Specialist? How do you know if you need a Neurologist, Geriatrician, or Psychiatrist?



Friday, July 8, 2011
10am - noon
Clubhouse 3, Room 2

Speaker: Harish Kavirajan, MD
UCLA Medical School
Clinical Psychiatry

Call 949.757.3703 for directions

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August 12, 2011

Club Meeting and Information Session

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Alzheimer's Association Club Laguna Woods Village

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The Latest in Alzheimer's Research



Friday, August 12, 2011
10am - noon
Clubhouse 3, Room 2

a special presentation by
Jim McAleer

President/CEO
Alzheimer's Association

Call 949.757.3703 for directions

24/7 Helpline
1.800.272.3900
www.alz.org/oc

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Complete this form for Driver & give to the Gate Ambassador to gain access to community for event.

Form for Non- Residents	Event Info: Event Type: Research Presentation: Alz Association Club
	Day : Friday Date: 8/12/11 Time: 10 am Location: CH 3 Auditorium
	Visitor Info: Name: _____ Driver's License: _____
	Make/Model Auto: _____ License Plate: _____

September 9, 2011

Save the date for a special presentation by Dr. Daniel Amen, author of 39 books.

Speaker: Dr. Daniel Amen

Author of 39 professional articles, 4 book chapters and 27 books

Subject: Use Your Brain To Change Your Age

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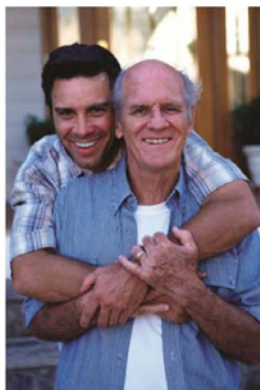
Alzheimer's Association Club

Laguna Woods Village

Join us the 2nd Friday of
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**Save the date for a
special presentation by
Daniel Amen, MD
September 9, 2011**

**10am - noon
Clubhouse 3, Room 2**



Dr. Amen is the author of 39 professional articles, 4 book chapters and 27 books, including the New York Times bestsellers, *Change Your Brain*, *Change Your Life* and *Magnificent Mind at Any Age*.

He is also the author of *Healing ADD*, *Healing The Hardware Of The Soul*, *Making A Good Brain Great*, *The Brain in Love*, and the co-author of *Healing Anxiety And Depression* and *Preventing Alzheimer's*.

In February 2010, Harmony Books published Dr. Amen's new book, *Change Your Brain, Change Your Body*.

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October 14, 2011

Save the date for a special community event for Laguna Woods Village--A Walk To End Alzheimer's.

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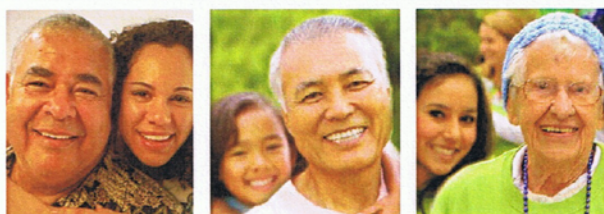
A special community event for
Laguna Woods Village
Walk to End Alzheimer's
October 14, 2011

10am – noon | Clubhouse 3, Room 2

Wear your sneakers and be prepared to have some fun. There'll be live music, refreshments, activities, and information about how to get involved in the fight against Alzheimer's and other types of dementia.

To RSVP, please call Mary at 949.757.3701 or e-mail mary.miraglia@alz.org

Be a part of the movement to reclaim the **FUTURE.**



Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting
October 14, 2011 10am – noon | Clubhouse 3, Room 2

Visitor Info: Name: _____ Driver's License: _____
Make/Model Auto: _____ License Plate: _____

November 11, 2011

Alzheimer's Association

Club Meeting & Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

Alzheimer's Association Club

Laguna Woods Village

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Save the date for a presentation by
Patty Barnett Mouton and special guest
Friday, November 11
10:00am – noon

Holidays & Alzheimer's

People with dementia may feel a special sense of loss during the holidays. Additionally caregivers may experience extra stress while trying to maintain holiday traditions. Join us for a discussion on dealing with holiday stress and Alzheimer's disease.




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www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting
November 11, 2011 10am – noon | Clubhouse 3, Room 2

Visitor Info: Name: _____ Driver's License: _____
Make/Model Auto: _____ License Plate: _____

**Alzheimer's Association
Club Meeting & Information Session**

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Alzheimer's Association Club

Laguna Woods Village

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Join us for a special screening of
Making the Moments Count
Friday, December 9
10:00am – noon

Find joy in the journey by learning compassionate communication strategies and better understanding of how to diffuse the difficult behaviors often associated with Alzheimer's.

Following the screening the Vice President of Programs and Education, from the Alzheimer's Association, Deborah O'Connor M.F., MFT, CCM will lead a discussion on family caregiver issues.



24/7 Helpline: 1.800.272.3900
www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting
December 9, 2011 10am – noon | Clubhouse 3, Room 2

Visitor Info: Name: _____ Driver's License: _____
Make/Model Auto: _____ License Plate: _____