The Alzheimer's Association Club meetings are held the second Friday of each month from 10 a.m. - 12 noon in Club House #3 - Dining Room #2. The meetings are free. Everyone is welcome to come and enjoy coffee, music, treats, discussion with other attendees, and sharing of information. Each month distinguished speakers make presentations discussing key issues regarding dementia, focusing on harmonious relations, brain health, ideas for coping and with status on current research.

#### January 11, 2013

Speaker: Dr. Gus Alva, Medical Director and founder of ATP Clinical Research

Website: TheATPGroup.net

ATP Mission Statement: Our mission is to provide patients with the latest in drug developments and trial sponsors with quality data delivered with integrity. We seek to truly be in a category-of-one in regards to our combination of professional expertise, compassion, reliability and veracity. Our staff works diligently to have patient and sponsor satisfaction. Our vision is a world with effective and structured treatment options for neuropsychiatric disorders.



Join us for a special presentation by

# Alzheimer's Association Club Meeting & Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

# Alzheimer's Association Club Laguna Woods Village

Join us the 2<sup>nd</sup> Friday of every month for coffee & timely conversation about Alzheimer's and related issues. No cost to attend. All are welcome.

The mission of the Alzheimer's Association, Laguna Woods Club is to increase awareness and understanding about Alzheimer's disease and related dementias, offer help for people effected, their caregivers and loved ones, and provide support to sustain and extend the programs of the Alzheimer's Association.

Dr. Gus Alva
Director and founder, ATP Clinical Research
Friday, January 11, 2013
10:00am – noon

Dr. Gus Alva is the Medical Director and founder of ATP Clinical Research. Dr. Alva has over 17 years of experience in the field of psychiatry and clinical trials. He is also the co-owner of Pacific Neuropsychiatric Specialist, located in Costa Mesa. Dr. Alva has served as an investigator on numerous clinical trials for Alzheimer's, dementia, Mild Cognitive Impairment, Schizophrenia, Bipolar Disorder and Major Depressive disorder.



24/7 Helpline: 1.800.272.3900 www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting  January 11, 2013 10am – noon   Clubhouse 3, Room 2				
Visitor Info: Name:	Driver's License:			
Make/Model/Auto:	License Plate:	Color:		

### February 8, 2013

Speaker: Bill Liu, ParmD., CGP

Consultant Pharmacist County of Orange Health Care Agency

Subject: Use of Nutritional Suppliments by the Senior Population



23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

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Join us for a special presentation by

Bill Liu, PharmD., CGP

Consultant Pharmacist

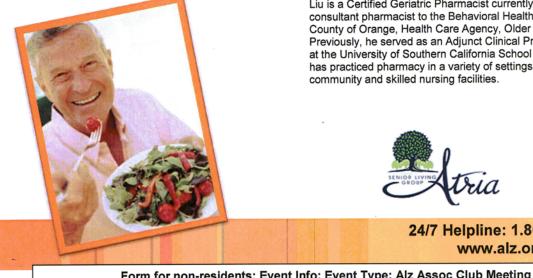
County of Orange Health Care Agency

Friday, February 8, 2013

10:00am - noon

Use of Nutritional Supplements by the Senior Population Join us as Lui explains the benefits of supplements for seniors.

Liu is a Certified Geriatric Pharmacist currently serving as consultant pharmacist to the Behavioral Health Division of the County of Orange, Health Care Agency, Older Adult Services. Previously, he served as an Adjunct Clinical Professor of Pharmacy at the University of Southern California School of Pharmacy and has practiced pharmacy in a variety of settings to include hospital, community and skilled nursing facilities.





24/7 Helpline: 1.800.272.3900 www.alz.org/oc

February 8, 2013 10am – noon   Clubhouse 3, Room 2				
Visitor Info: Name:		Driver's License:		
Make/Model/Auto:	License Plate:		Color:	

Speaker: Gina Kay, M.D.

CEO and Founder: In Care Home Solutions

Subject: Adverse Drug Reactions In Seniors



23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

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Join us for a special presentation by

Gina Kay, MD

Founder and CEO, In Home Care Solutions

Friday, March 8, 2013

10:00am - noon

#### Adverse Drug Reactions in Seniors

Join us as Kay discusses the 5<sup>th</sup> leading cause of death in seniors in the United States.

Kay is the founder and CEO of In Home Care Solutions, a company that provides home care by matching caregivers to seniors according to personality profiles and caregivers' clinical experiences. Currently, she co-chairs the education committee for the Down with Falls Coalition, serving as a Speaker to educate professionals and the community on reducing fall risks. Kay was nominated by the National Association of Women Business Owners as the Remarkable Woman of 2008.





24/7 Helpline: 1.800.272.3900 www.alz.org/oc

March 8, 2013 10am – noon   Clubhouse 3, Room 2					
Visitor Info: Name:	D	river's License:			
Make/Model/Auto:	License Plate:	Color:			

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting

April 12, 2013

Speaker: Marnny Lynde, Gerontologist, Geriatric Massage Therapist Subject: Staying Engaged With Your Loved One With Alzheimer's



23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

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Join us for a special presentation by Marnny Lynde Gerontologist, Geriatric Massage Therapist

Friday, April 12, 2013 10:00am - noon

Staying Engaged With Your Loved One With Alzheimer's Join us as Marnny Lynde discusses how the power of compassionate engagement through touch brings loving validation.

A gerontologist and certified massage therapist since 1982, Lynde pioneered the practice of geriatric massage in Orange County. Lynde specializes in providing comfort to those impacted by Alzheimer's disease, dementia, Parkinson's disease, stroke, cancer, or other age-related conditions.





24/7 Helpline: 1.800.272.3900 www.alz.org/oc

Form for	non-residents: Event Info: Event	Type: Alz Assoc Club	Meeting	
April 12, 2013 10am – noon   Clubhouse 3, Room 2				
Visitor Info: Name:_		Driver's License:		
Make/Model/Auto:	License Plate:		Color:	

May 10, 2013

Speaker: Neta Wenrick, Certified Music Therapist

# Alzheimer's Association Club Meeting & Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

# Alzheimer's Association Club Laguna Woods Village

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Join us for a special presentation by

## **Neta Wenrick**

Certified Music Therapist

Friday, May 10, 2013

10:00am - noon

Enhance Caregiving and Reduce Stress through Creative Arts

Join us for a practical discussion and hands-on activity. Certified Music Therapist, Neta Wenrick introduces how the arts can relieve the challenges of caregiving and enhance quality of life for your loved one

As a former family caregiver and skilled healthcare professional, Wenrick has over 30 years of experience working with older adults and caregivers, including those impacted by Alzheimer's disease and related dementias.



24/7 Helpline: 1.800.272.3900 www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting
May 10, 2013 10am – noon   Clubhouse 3, Room 2

Visitor Info: Name:	Driver's	s License:
Make/Model/Auto:	License Plate:	Color:

#### June 14, 2013

Speaker: Lee-Anne Godfrey, RN, BSN, BA -- Rn Consultant

Subject: Planning for the Future with Advance Directives and POLST

(Physician Orders for Life-Sustaining Treatment)



23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

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Join us for a special presentation by Lee-Anne Godfrey, RN, BSN, BA RN Consultant

Friday, June 14, 2013

Planning for the Future with Advance Directives and POLST Join us as Lee-Anne Godfrey answers pressing questions concerning healthcare decision making. Lee-Anne will discuss how to use an important healthcare tool, Physician Orders for Life-Sustaining Treatment (POLST).

An independent RN Consultant, Lee-Anne specializes in providing community and professional education on a range of topics including senior issues, healthy aging and dementia care.



24/7 Helpline: 1.800.272.3900 www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting
June 14, 2013 10am – noon   Clubhouse 3, Room 2

Visitor Info: Name:	Driver's L	_icense:
Make/Model/Auto:	License Plate:	Color:

July 12, 2013



23822 Avenida Sevilla, Clubhouse 3, Room 2, Laguna Woods, CA 92637

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Join us for a special presentation by **Kim Green, PhD** 

Assistant Professor, Dept. of Neurobiology and Behavior, UCI

Friday, July 12, 2013

Understanding Alzheimer's Disease and Related Dementias: A New Way to Treat Inflammation in Neurological Disease

Dr. Kim Green's research program focuses on understanding what leads to the development of Alzheimer's disease (AD), and developing novel therapeutics to treat or prevent the disease.

An accomplished researcher, Green provides an overview of dementia and introduces findings on drugs that target the immune cells of the brain, and the potential benefit for AD and other disorders.





24/7 Helpline: 1.800.272.3900 www.alz.org/oc

Form for non-residents: Event Info: Event Type: Alz Assoc Club Meeting

July 12, 2013 10am – noon | Clubhouse 3, Room 2

Visitor Info: Name:		Driver's License:	
Make/Model/Auto:	License Plate:	Color:	_

Orange County Chapter 17771 Cowan, Suite 200 Irvine, CA 92614 Phone 949.955.9000 Fax 949.757.3700

## Alzheimer's Association Club Laguna Woods Village



Join us the 2<sup>nd</sup> Friday of every month for timely conversation about Alzheimer's disease and related dementias and healthy living.

### **Progress and Hope through Science**

Alzheimer's Association International Conference Research Update

In Boston, July 13-18, dementia scientists discuss groundbreaking research on the cause, diagnosis, treatment and prevention of Alzheimer's disease and related disorders.

A special presentation by Jim McAleer, MPA President/CEO, Alzheimer's Association Orange County

Friday, August 9, 2013 10:00 a.m. – 12:00 p.m.

Alzheimer's Association Club Meeting and Information Session 23822 Avenida Sevilla, Clubhouse 3, Room 2 Laguna Woods, CA 92637



Light refreshments provided. No cost to attend. Open to all.

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Augu	ıst 9, 2013 10:00 a.m. – 12:00 p.m., Clubh	ouse 3, Room 2
Visitor Info: Name:	Driver's Lic	ense:
Make/Model/Auto:	License Plate:	Color:

September 13, 2013

Speaker: Deborah O'Connor, M.S., MFT., CCM

Vice-President, Programs and Education

Subject: Programs and Resources for Individuals with Concerns About Early Memory Loss

alzheimer's PS association

Orange County Chapter 17771 Cowan, Suite 200 Irvine, CA 92614 Phone 949.955.9000 Fax 949.757.3700

# Alzheimer's Association Club Laguna Woods Village

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# Programs and Resources for Individuals with Concerns About Early Memory Loss

A special presentation by Deborah O'Connor, M.S., MFT, CCM Vice President, Programs & Education, Alzheimer's Association Orange County

Friday, September 13, 2013 10:00 a.m. – 12:00 p.m.

Alzheimer's Association Club
Meeting and Information Session
23822 Avenida Sevilla, Clubbouse 3, Poor

23822 Avenida Sevilla, Clubhouse 3, Room 2 Laguna Woods, CA 92637



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www.alz.org

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#### October 11, 2013

Speaker: Bruce McCombs, CPCC, ACC

Certified Professional Co-Active Coach

**Bruce McCombs Enterprises** 

Orange County Chapter 17771 Cowan, Suite 200 Irvine, CA 92614 Phone 949.955.9000 Fax 949.757.3700

# Alzheimer's Association Club Laguna Woods Village

Join us on the 2<sup>nd</sup> Friday of every month for conversation about Alzheimer's disease, related dementias and healthy living.



## Dancesport: The Health Benefits of Ballroom Dancing

Discover the mental, physical and social benefits dancing can provide seniors.

A special presentation by Bruce McCombs, CPCC, ACC Certified Professional Co-Active Coach, Bruce McCombs Enterprises Board of Directors, USA Dance

Friday, October 11, 2013 10:00 a.m. – 12:00 p.m.



23822 Avenida Sevilla, Clubhouse 3, Room 2 Laguna Woods, CA 92637



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Visitor Info: Name:	Driver's License:	
Make/Model/Auto:	License Plate:	Color:

### **November 8, 2013**

Speaker: Susan Randhawa, LCSW, Senior Psychometrist

UCI Institute for Memory Impairments and Neurological Disorders

Subject: How Forgetful Am I? -- What a Comprehensive Assessment can tell you

Refreshments: Personalized Senior Placement



Orange County Chapter 17771 Cowan, Suite 200 Irvine, CA 92614 Phone 949.955.9000 Fax 949.757.3700

# Alzheimer's Association Club Laguna Woods Village

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## How Forgetful Am I?

What a Comprehensive Assessment Can Tell You

A special presentation by Susan Randhawa, LCSW, Senior Psychometrist UCI Institute for Memory Impairments and Neurological Disorders

Friday, November 8, 2013 10:00 a.m. – 12:00 p.m.

#### Alzheimer's Association Club Meeting and Information Session 23822 Avenida Sevilla, Clubhouse 3, Room 2

Laguna Woods, CA 92637



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www.alz.org

Form for non-re	sidents: Event Info: Event Type: Alz	Assoc Club Meeting
November 8	3, 2013 10:00 a.m. – 12:00 p.m., Clubl	house 3, Room 2
Visitor Info: Name:	Driver's Lice	nse:
Make/Model/Auto:	License Plate:	Color:

Orange County Chapter 17771 Cowen, Suite 200 Irvine, CA 92614 Phone 949,555,9000 Fax 949,757,0700

## Alzheimer's Association Club Laguna Woods Village

Join us on the 2<sup>nd</sup> Friday of every month for conversation about Alzheimer's disease, related dementias and healthy living.



## Pet Therapy for Healthy Aging and Joyful Caregiving

Explore how the gentle power of informal and formal animal-assisted therapy may promote wellness, enhance care and provide emotional support.

Patty Barnett Mouton, VP of Outreach and Advocacy
Alzheimer's Association, Orange County

Friday, December 13, 2013 10:00 a.m. – 12:00 p.m.

Alzheimer's Association Club
Meeting and Information Session
23822 Avenida Sevilla, Clubbouse 3, Poom.

23822 Avenida Sevilla, Clubhouse 3, Room 2 Laguna Woods, CA 92637





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www.alz.org

December 1	13, 2013 10:00 a.m. – 12:00 p.m., Clu	ohouse 3, Room 2
Visitor Info: Name:	Driver's Lic	ense:
Make/Model/Auto:	License Plate:	Color: