

Event is open to Laguna Woods Village residents and their guests only

Alzheimer's OC Club, Laguna Woods Village

Join us for a series of Brain Fitness exercise led by Cognitive Care Solutions

This class/event will cover the following:

- Memory & Reasoning
- Attention & Concentration
- Word Naming & Problem Solving
- Logical Sequencing & Visual-Spatial Skills



Presented by:

Allyson Lehrich, LCSW
President

Friday, December 8, 2017

10:00 a.m. – 12:00 p.m.

Alzheimer's OC Club

Meeting and Information Session

23822 Avenida Sevilla, Clubhouse 3, Room 2
Laguna Woods, CA 92637



No cost to attend. Open to all.
RSVP preferred, but not required:
949-757-3721



Cognitive Care
SOLUTIONS
Comprehensive Cognitive Wellness

The Alzheimer's OC Club's mission is to increase awareness and understanding about Alzheimer's disease and related dementias, offer help to people affected, their caregivers and loved ones, and provide support to sustain and extend the programs of Alzheimer's Orange County.

For more info contact Club President, Sunshine Lutey, Phone: 949-278-6454; Email: SunshineLutey@gmail.com